



TEST KITS

ZRT test kits are used for minimally-invasive testing and are provided by ZRT Laboratory. ZRT uses different methods for sample collection determined by MD and/or patient preference. These include, but are not limited to, Saliva, Blood Spot and Urine. These tests provide healthcare professionals with sophisticated hormone and/or metabolic analysis, which can be used to aid or evaluate treatment decisions. Pages 2 and 3 list current test offerings.

Here is how you get started.

1. Purchase the test that best fits your needs.
2. Follow the procedures and important notes in the ZRT collection kit for best results.
3. Follow the ZRT collection kit procedure for sending your results to be tested.
4. It usually takes 5-7 days for results to become available. Once available, Red Oak Drug and The Prescription Shop will be able to view your results, which we can forward in several different ways.
 - A. Send to specified physician.
 - B. Emailed to you.
 - C. Have results ready for you to pick up.
5. Results can then be reviewed by a physician to determine if replacement therapy is appropriate. [Any questions regarding the test results from the healthcare professional can be discussed with our pharmacists at Red Oak Drug and The Prescription Shop.]

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

How would you like your test results?:

Check box

Send to Physician

Physician? _____

Email results to patient

Email? _____

Patient pick up.



Blood Spot Profiles

Hormone Trio \$130

Our most popular three-test blood spot hormone combo now has its own profile. Three (3) Tests: Estradiol (E2), Progesterone (Pg), Testosterone (T).

Female Blood Profile I \$189

Overall assessment of female health and vitality; indicator of specific hormone imbalances. Includes: Estradiol (E2), Progesterone (Pg), Testosterone (T), SHBG, DHEA-S (DS), Cortisol (C).

Female Blood Profile II \$349

Overall assessment of female health and vitality; indicator of sex steroid, adrenal, and thyroid hormone imbalances. Includes: Female Blood Profile I (E2, Pg, T, SHBG, DS, C1)+ Complete Thyroid Profile (TSH, FT3, FT4, TPO).

Male Blood Profile I \$189

Overall assessment of male vitality, performance, and prostate health. Includes: E2, T, SHBG, PSA, DS, C.

Male Blood Profile II \$349

Overall assessment of male vitality, performance, prostate health, and complete thyroid assessment. Includes: Male Blood Profile I (E2, T, SHBG, PSA, DS, C1) + Complete Thyroid Profile (TSH, FT3, FT4, TPO).



Saliva Profiles

Hormone Trio \$125

Our most popular three-test saliva hormone combo now has its own profile. Three (3) Tests: Estradiol (E2), Progesterone (Pg), Testosterone (T).

Female/Male Saliva Profile I \$170

Good basic assessment of sex steroid and adrenal hormones collected in the morning when levels should be at their peak. Five (5) Tests: Estradiol (E2), Progesterone (Pg), Testosterone (T), DHEA-S, and morning Cortisol (C1).

Female/Male Saliva Profile II \$200

Female/Male Saliva Profile I + PM Cortisol to provide a more comprehensive evaluation of adrenal function. Six (6) tests: Female/Male Saliva Profile I (E2, Pg, T, DS, and C1) + PM Cortisol.

Female/Male Saliva Profile III \$260

Female/Male Saliva Profile I with 3 additional collections throughout the day to provide a complete evaluation of diurnal adrenal function. Eight (8) tests: Female/Male Saliva Profile I (E2, Pg, T, DS, and C1) + noon, evening, and night Cortisol.

Diurnal Cortisol (C1, C2, C3, C4) \$135

Recommended with situational stress and fatigue; indicator of adrenal imbalance. Tests morning, noon, evening, and nighttime Cortisol.



Single Tests in Dried Urine

Iodine \$80

Detects iodine deficiency as a potential cause of health problems ranging from fatigue, brain fog, hypothyroidism and fibrocystic breasts. (Dried Urine Test)

Mercury \$66

Mercury reduces the biological availability of selenium and may inhibit the formation of selenium-dependent enzymes. This affects thyroid function in the same way as selenium deficiency or arsenic exposure. Most human exposure is through dental amalgams, seafood and vaccinations. (Dried Urine Test)

Single Tests in Blood Spot

Cortisol	\$55	Progesterone	\$55
DHEA-S	\$55	Prostate Specific Antigen	\$65
Estradiol	\$55	Sex Hormone Binding Globulin	\$70
Follicle Stimulating Hormone	\$55	Testosterone	\$55
Free Thyroxine	\$65	Thyroglobulin	\$65
Free Triiodothyronine	\$65	Thyroid Peroxidase Antibody	\$65
Hemoglobin A1c	\$60	Thyroid Stimulating Hormone	\$65
High Sensitivity C-Reactive Protein	\$60	Total Thyroxine	\$65
Insulin	\$70	Triglycerides	\$60
Insulin-Like Growth Factor I	\$70	Vitamin D 25-OH, Total	\$75
Luteinizing Hormone	\$55		

Single Tests in Saliva

Cortisol	\$50
DHEA-S	\$50
Estradiol	\$50
Estriol	\$50
Estrone	\$50
Progesterone	\$50
Testosterone	\$50



Combination Profiles

Comprehensive Female Profile I (Saliva/Blood) \$345

Assesses gonadal, adrenal, and thyroid hormones. Includes saliva: E2, Pg, T, DS, Diurnal 4x Cortisol; and blood spot: TSH, FT3, FT4, TPO.

Comprehensive Female Profile II (Blood/Saliva) \$380

Assesses gonadal, adrenal, and thyroid hormones. Includes blood spot: E2, Pg, T, DS, SHBG, TSH, FT3, FT4, TPO; and saliva: Diurnal 4x Cortisol.

Comprehensive Male Profile I (Saliva/Blood) \$345

Assesses gonadal, adrenal, and thyroid hormones. Includes saliva: E2, T, DS, Diurnal 4x Cortisol; and blood spot: PSA, TSH, FT3, FT4, TPO.

Comprehensive Male Profile II (Blood/Saliva) \$380

Assesses gonadal, adrenal, and thyroid hormones. Includes blood spot: E2, T, SHBG, DS, PSA, TSH, FT3, FT4, TPO; and saliva: Diurnal 4x Cortisol.



Thyroid Profiles

Comprehensive Elements Thyroid Panel \$345

Thyroid function can be affected by many factors, including nutritional deficiencies and environmental exposure to certain elements. This profile is designed to help evaluate elemental exposure and thyroid hormone synthesis. Tests in this profile include Dried Urine: Iodine, Bromine, Selenium, Arsenic, Creatinine; and Blood Spot: Total T4, Thyroglobulin, TSH, free T3, free T4, TPO.



Elements Profile \$162

Analyzing elements can provide insight into why you may not synthesize or convert thyroid hormones and can help determine the cause of thyroid related symptoms. The thyroid gland regulates cellular energy metabolism, as well as controls heart rate and protein synthesis for proper growth and development. The Elements Profile includes Dried Urine tests for: Iodine, Bromine, Selenium, Arsenic and Creatinine.



Essential Thyroid Profile \$184

Overall assessment of thyroid function. Includes: free Thyroxine (FT4), free Triiodothyronine (FT3), Thyroid Stimulating Hormone (TSH), Thyroid Peroxidase Antibody (TPO). (Blood Spot Test)

Specialty Profiles



Adrenal Stress Profile \$185

Recommended with chronic stress, fatigue, sleep disturbances, allergies and/or lowered immunity; indicator of adrenal imbalance. Tests adrenal hormones DHEA-S and diurnal cortisol (morning, noon, evening, nighttime). (Saliva Test)



CardioMetabolic Profile \$184

Assesses risks associated with type 2 diabetes and cardiovascular disease. Tests in this profile include: Insulin, High Sensitivity C-Reactive Protein, Total Cholesterol, HDL and LDL Cholesterol, Hemoglobin A1c, and Triglycerides. (Blood Spot Test)



Fertility Profile \$400

Assesses hormones associated with fertility. Includes blood spot: E2, Pg, T, SHBG, DS, TSH, FT3, FT4, TPO, FSH, LH; saliva: Diurnal 4x Cortisol.



Skin Vitality Profile \$325

The range of hormones tested in the profile can help identify hormone deficiencies or excesses that influence skin vitality. Includes saliva: E2, E3, Pg, T, DS, Diurnal 4x Cortisol; blood: TSH, Vitamin D



Sleep Balance Profile \$245

The industry's most accurate sleep-wake cycle testing reveals whether hormones are your hidden barrier to restful sleep. Measures cortisol and melatonin in dried urine at 4 time points – providing a true 24-hour sleep-wake pattern.



Weight Management Profile \$335

The Weight Management Profile detects hormonal imbalances, thyroid and Vitamin D deficiencies linked to weight gain, obesity, and difficulty maintaining weight. Provides early detection of insulin resistance, metabolic syndrome, Type 2 diabetes. Includes blood spot: TSH, D2, D3, In, HbA1c; saliva: E2, Pg, T, DHEA(S), Diurnal 4x Cortisol.

Weight Management Profile PLUS THYROID \$390

The Weight Management Profile detects hormonal imbalances, thyroid and Vitamin D deficiencies linked to weight gain, obesity, and difficulty maintaining weight. Provides early detection of insulin resistance, metabolic syndrome, Type 2 diabetes. Includes blood spot: TSH, D2, D3, In, HbA1c; saliva: E2, Pg, T, DHEA(S), Diurnal 4x Cortisol.

ADDITIONAL BLOOD SPOT TESTS provide better estimation of thyroid hormone bioavailability: FT3, FT4, TPO

Weight Management Profile PLUS CARDIO \$390

The Weight Management Profile detects hormonal imbalances, thyroid and Vitamin D deficiencies linked to weight gain, obesity, and difficulty maintaining weight. Provides early detection of insulin resistance, metabolic syndrome, Type 2 diabetes. Includes blood spot: TSH, D2, D3, In, HbA1c; saliva: E2, Pg, T, DHEA(S), Diurnal 4x Cortisol.

ADDITIONAL BLOOD SPOT TESTS provide early detection of CVD risks: hsCRP, TG, CH, LDL, VLDL, HDL

Weight Management Profile PLUS THYROID and CARDIO \$445

The Weight Management Profile detects hormonal imbalances, thyroid and Vitamin D deficiencies linked to weight gain, obesity, and difficulty maintaining weight. Provides early detection of insulin resistance, metabolic syndrome, Type 2 diabetes. Includes blood spot: TSH, D2, D3, In, HbA1c; saliva: E2, Pg, T, DHEA(S), Diurnal 4x Cortisol.

ADDITIONAL BLOOD SPOT TESTS indicate thyroid hormone bioavailability AND aid early detection of CVD risks: FT3, FT4, TPO, hsCRP, TG, CH, LDL, VLDL, HDL